

**BREAK FREE
FROM
SELF-DOUBT**

Step Into Your Greatness with Coach Darleen Santore

GRACE UNDER PRESSURE

Dean & "Coach Dar" on Handling Stress Like a Boss

CONFIDENCE IS KEY

Unlock Opportunities with Self-Trust



your
**Pathway
to Purpose**

MY CROWN IS
IN MY HEART

Welcome

to March at **mastermind.com**

You know the biggest thing standing between you and the level of income, impact and success you want to create? It's not a lack of time, money, connections or experience...

It's the story you tell yourself on why you can't have it.

It's the act of letting that little voice in your head win out (you know the voice... the one that tells us we're too old, too young, too late, too early, too inexperienced, etc).

And that's why we're dedicating this month to crushing those limiting beliefs - the next 31 days are all about boosting your inner strength to push back on those fears and self-doubts.

In our Mastermind Original course, "Reclaim Your Confidence," renowned performance coach and keynote speaker Darleen Santore will help you master a few key strategies to overcome imposter syndrome, silence your inner critic, and step into your greatness. All so you can build the self-assurance needed to thrive in every aspect of your life and business.

And then as a bonus next step, Darleen Santore will join Dean LIVE for this month's Inner Circle in an unfiltered session where they'll answer your most pressing questions about building self-belief and overcoming self-imposed limits.

So as you go forward into this month, remember this: Lasting success comes from learning to trust yourself, staying grounded under pressure and developing the resilience to push forward no matter the obstacles that get in your way. And TRUE confidence isn't about already having all the answers... It's about believing in your ability to get those answers. So join hands with this Mastermind community, lock in for the next 31 days...

And this March, decide to bet on yourself.

Let's turn those fears and uncertainties into FUEL that drives you forward.

A photograph of two handwritten signatures. The signature on the left is "Tony Robbins" and the signature on the right is "Lori".

What's Inside

This March, we're challenging you: Stop holding yourself back. Take that first step. In "**Reclaim Your Confidence**," Coach Darleen Santore shares how to shed the mental weights that keep you stuck. Then, she joins Dean in the **Inner Circle** to answer YOUR questions about developing confidence, overcoming uncertainty, and owning your potential. Get ready for a month of taking control, embracing opportunities, and defining your worth!



[Get Notified](#)

Reclaim Your Confidence: How to Overcome Imposter Syndrome

A MASTERMIND ORIGINAL **SATURDAY, MARCH 15**

Ever feel like you don't belong... like you're one step away from being "found out?" That's imposter syndrome talking—but you don't have to listen! In "**Reclaim Your Confidence**," Coach Darleen Santore helps you recognize your strengths, silence self-doubt, and take bold action. Get ready to set uncertainty aside and step into your powerful self.



[+ Add to Calendar](#)

Mastering the Moments That Matter

INNER CIRCLE WITH DEAN AND COACH DARLEEN SANTORE
WEDNESDAY, MARCH 26 | 10 AM PT

Join Dean and Coach Dar for a powerful live session where they'll tackle your toughest questions on handling high-stakes moments with clarity and composure. Don't miss this chance to gain real, actionable insights—drop your questions in the Q&A thread in the Mastermind Facebook community!

Weekly Inspiration

March 3, 10, 17, 24, 31 @ 9 AM PT

Weekly "Kick Off" with Dean Graziosi inside the Private Facebook Group

[Go to the Private Facebook Group](#)



Feature Article:

5 Keys to Conviction

Are you letting self-doubt run the show? This month's feature article, **How Belief Fuels Success**, reveals how solid self-confidence is the game-changer you've been seeking. With this article and the curated resources from the Mastermind library, you'll discover how to narrow your focus and take decisive steps forward—because when you believe in yourself, success follows.

a mastermind.com original



Imposter syndrome can make you doubt your abilities, but true confidence isn't about having all the answers—it's about moving forward despite uncertainty. In **"Reclaim Your Confidence,"** renowned high-performance advisor Coach Darleen Santore will show you how to embrace your strengths, let go of perfectionism, and seize opportunities—even when fear tries to hold you back. The world needs what you have to offer—it's time for you to step up!

15 SATURDAY
MARCH

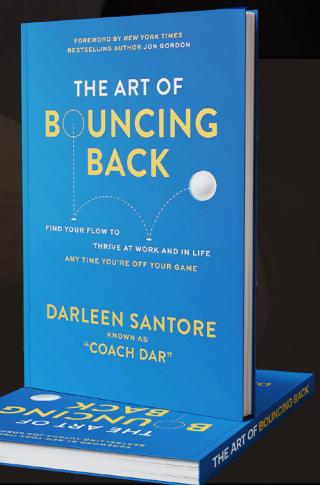
Get Notified

THE ART OF BOUNCING BACK

Discover how world-class athletes and leaders rebound from defeat in **"The Art of Bouncing Back"** by Coach Darleen Santore. With over 25 years of experience guiding elite performers and overcoming personal adversity, Coach Dar reveals proven strategies to transform setbacks into setups for success. Learn to build a resilient mindset, harness your inner "Why-Power," and cultivate the rebound environment that boosts your confidence, flexibility, and emotional intelligence.

Order Your Copy Now!

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Dean Graziosi & Coach Darleen Santore



MASTERING THE MOMENTS THAT MATTER

Join Dean and Coach Dar for this month's exclusive Inner Circle as they dive into the art of becoming unshakable under pressure. In this live session, they'll share personal experiences and practical strategies to help you navigate high-stakes moments with confidence and composure.

Bonus:

They'll be answering **YOUR** biggest self-belief challenges.
Look for the thread in the **Mastermind Facebook group Community**.
to submit your questions!

26 WEDNESDAY
MARCH
10 AM PT

+ Add to Calendar

5 Keys to Conviction: How Belief Fuels Success

“Beliefs have the power to create and the power to destroy.”

— Tony Robbins



Ever feel weighed down by self-doubt, as if every setback is a sign you’re not cut out for success? It’s time to flip that script. Believing in yourself isn’t just a feel-good mantra—it’s the cornerstone of accomplishing goals. Here are some actionable tips to help you own your worth so you can make the progress you deserve.

1. Dispel the Magic Formula Myth

Feel like you need an Ivy League degree or a shelf of accolades to get ahead? The truth is, success doesn’t hinge on fancy credentials. It’s about leveraging who you are, who you know, and the tools that you have right now. Picture it as a road trip you can begin anywhere—each mile is part of the real adventure.

2. Define Your Own Vision of Success

Forget vague dreams of “making it big.” Get specific. Maybe it’s launching your course or mastering a new tech tool. Set clear goals with milestones and deadlines, making success personal and achievable.

3. Take Small Steps

Big goals can look like Everest from the bottom. The key? Break them into bite-sized tasks that aren’t intimidating. Celebrate every small win—whether it’s drafting an email or filming your first lesson. These moments build momentum and confidence.

4. Collaborate on Your Success Journey

You don’t have to do it alone. Mentors, teammates, and peers can offer insights and encouragement. The [Mastermind community](#) is an invaluable resource, full of potential collaborators and accountability partners who can help you stay on track.

5. Embrace the Learning Journey

Failure isn’t the end—it’s a lesson. Every misstep sharpens your skills and builds resilience. Your talents don’t disappear just because you hit a bump; they evolve as you grow.

Owning your worth isn’t about perfection—it’s about persistence. When you trust in your abilities, set clear goals, and take consistent action, success stops being a dream and starts becoming your reality.

Additional Resources

These courses are ready and waiting for you! Just log into [Mastermind.com](#) to access:

“From Attitude to Action: Creating Your Success Mindset.” From foster care to business success, Krista Mashore found a way to build unstoppable self-confidence. In this Mastermind Original, she shares habits to empower you to achieve your goals.

“Beyond Boundaries: Your Essential Business Superpower.” Learn to set boundaries to block out the noise and focus your attention on the most important goals. Author and business coach Amber Lilyestrom reveals how clear limits empower you to thrive in business and life.

“Earn Your Happy: Celebrate Your Way to Success.” Make celebration a habit! In this Mastermind Original, Lori Harder reveals rituals combining gratitude with success. Learn to celebrate and boost confidence, strengthen connections, and repeat positive results.

March 2025

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MON

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23	24	25	26	27	28	1
2	 3 Dean Live in the Facebook group	4	5	6	7	8
9	 10 Dean Live in the Facebook group	11	12	13	14	 15 Mastermind Original
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March 15

Reclaim Your Confidence: How to
Overcome Imposter Syndrome
A Mastermind Original



March 26

Inner Circle: Mastering The Moments
That Matters.
Dean Graziosi And Darleen Santore



March 3, 10, 17, 24, 31

Weekly Inspiration
Weekly "Kick Off" with Dean Graziosi
9 AM PT

THE EDGE

MEMBER SPOTLIGHT

THIS MONTH, WE'RE HIGHLIGHTING A STANDOUT MEMBER OF THE EDGE MASTERMIND, OUR ELITE LEARNING COMMUNITY FOR HIGH-LEVEL ENTREPRENEURS LOOKING TO SCALE THEIR REACH AND MAKE A PROFOUND IMPACT. MEMBERS TURN KNOWLEDGE INTO ACTION WITH THE GUIDANCE OF UNMATCHED MENTORSHIP AND MEANINGFUL CONNECTIONS THAT LAST A LIFETIME



“Even when life strips you of everything, it can’t take away who you are—or who you’re becoming.”

— NOEL RIPPE

LIFE COACH AND FOUNDER OF MAGIC GARDEN CIRCLE

Originally from Uruguay, Noel has spent the last few years guiding clients to discover clarity and purpose through the powerful practice of art therapy. She first connected with Mastermind over three years ago, and credits the experience with helping her lean into what she loved most about her work as an art therapist—using creative expression to bypass mental limitations and unlock genuine joy. “Art in its fullest doesn’t come through your mental filters,” she explains. “It comes from the subconscious. That’s where true magic happens.”

Noel’s journey took an unexpected turn when the LA fires devastated her home and beloved garden retreat in Malibu. Overwhelmed but determined, she found immense support from the Mastermind community, which reignited her sense of purpose. “I couldn’t have gotten through that time without the community and coaches,” she reflects. “They helped me launch my membership even when I felt at my lowest.”

Initially, Noel struggled to appear on camera, feeling the weight of her loss. But with encouragement from her daughter, she embraced vulnerability, allowing her authenticity to shine. The result? A remarkable transformation—her launch skyrocketed from zero to

30 signups. What was meant to be a 90-minute event turned into a powerful three-hour experience, filled with value, connection, and support.

Her ability to push forward in the face of adversity was, in part, a reflection of the growth she had already experienced in the EDGE program. Through EDGE, Noel had learned how to build a business rooted in authenticity and resilience—lessons that became even more vital after the fire. “Being in the EDGE, you see behind the curtain of Mastermind. You learn from the best in the world,” she says. “It has taught me to create a business that’s an extension of who I am—no tragedy can take that away.” Surrounded by ambitious peers and mentors, Noel has been able to rebuild her life with renewed purpose and confidence.

Today, Noel runs her art therapy membership and retreats with renewed energy. Her advice to other Mastermind students is simple yet profound: “Take the framework Dean and the coaches provide but make it yours. Don’t abandon who you are; your business should spring from your purpose. When you’re true to yourself, no fire can burn down what really matters.”

↗ [CLICK HERE](#)

Learn more about The Edge and unlock your business’s limitless potential!

Members

Spotlights

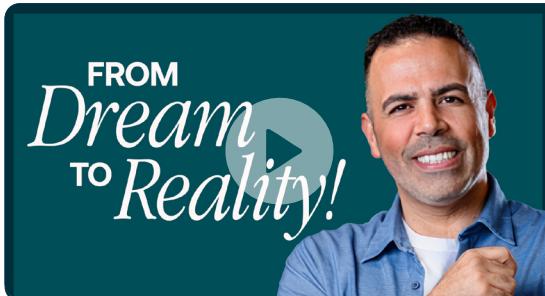
This month, hear directly from Mastermind members who are turning knowledge into action. In their own words, they share their journeys, challenges, and wins—showing what's possible when you go all in.

Watch their video testimonials and see how they're making it happen!



From Nearly Losing Her Vision to Seeing Success

—How Denise Transformed Her Life and Proved the System Works!



From Searching for Purpose to a Six-Figure Business

—How Mastermind Turned Rami's Dream Into Reality!



From Refugee to Entrepreneur

—How Basma Escaped War and Now Helps Others Break Free from Poverty!

The Power of Progress:

Celebrating Last Month's Wins

As Dean often reminds us, **“Imperfect action is better than inaction.”** Inspired by this mindset, we’re celebrating community members who’ve shared their incredible milestones and achievements. Your dedication and progress inspire us all—keep pushing forward and making waves. We’re so proud of you!



Beidi Beissel

Just Now.

...

Testimony: I'm currently having two regular clients - one domestic, one international, and I'm working on nailing the 3rd domestic client. Keys to make it happen are: being yourself, trusting that you have know enough to coach or teach, and lastly REALLY CARING ABOUT THEIR PERSONAL GOALS AND NEEDS 



Carla-Marie U

Just Now.

...

I did it! I created and shared my event and will be hosting my first webinar this Friday. I'm excited and terrified all at once. UPDATE: I was told that it went well. It felt like it went well. Attendees got value. I spoke too quickly at first, but then found a good pace. I DID IT! I'm enjoying the moment, Then... On to the next one! 



Mohammad Arslan

Just Now.

...

Still feels unreal... 
Few years ago, I was skipping meals just to survive in a hostel. Now, I get \$2K-\$3K paid in full clients (100% organically) and provide for my family. Blessed and grateful. 



Sara Feldman Graff

Just Now.

...

With all my fuss, stubbornness, and limiting beliefs that “it won’t work with my niche” to convert someone from Facebook to DMs to my paid community.... Guess what!! I spent the morning supporting a caregiver who I met in a local community Facebook group in DMs. Yesterday I invited her to my Free Facebook group ...She joined. Today I invited her to my Free once a month support group ...She accepted the invite. Then I took the time this morning to show her support while she is going through a tough caregiver situation. I offered her tips, suggestions, and did a visualization exercise with her. Then (with GG’s help) I invited her to my paid community. With absolutely no hesitation she signed up!! I think have also converted a caregiver who needs therapy into my counseling practice. Lesson: It does work with my niche!!



Margarita Carmona-Carriendo

Just Now.

...

Dear Family: Can you celebrate with me? I went from years with zero sales  to NOW 1 sale per day 



*We're excited
to hear your story
with Mastermind!*

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to share your journey with Mastermind. You’ll inspire others and have a chance to be featured in the magazine.



**BOOK YOUR
strategy call
→ NOW!**

[Click here](#)

to set up a time to chat with one of our team members about how you can get the support and guidance you need in the Mastermind Business Academy!

REGAIN CONTROL OF YOUR TIME...



So you can spend more time
doing the things you love.

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